

As a 19 year old coming to the end of an art source before going on to a degree the world enthrals but terrifies me. It is not the horrific nature of the world we live in today with terrorists, immigrants and oppressive eaders and every other hysteria that the new media will have us believe. My fears lie within what he always

Lam not daunted by the prospect of leaving home and the securities I have come to live my life by, nor do I feel any anxiety about leaving my friends, I'm quite definitely ready for a change. The question on my mind is what's REALLY going to greet me when I get there?

hear stories schookme. Stories of freshers sitting in their dorms sipting neat youka salted by tears. Culture shocked youths that don't puite show what to do day to day.

Legan makelf as a relatively independent, strong minded and outgoing person. To loose this positivity Is my fear.

his book comes from that which tills me with fear.



The term, culture shock, was introduced for the first time in 1958 to describe the anxiety produced when a person moves to a completely new environment. This term expresses the lack of direction, the feeling of not knowing what to do or how to do things in a new environment, and not knowing what is appropriate or inappropriate. The feeling of culture shock generally sets in after the first few weeks of coming to a new place.

We can describe culture shock as the physical and emotional discomfort one suffers when coming to live in another country or a place different from the place of origin. Often, the way that we lived before is not accepted as or considered as normal 7

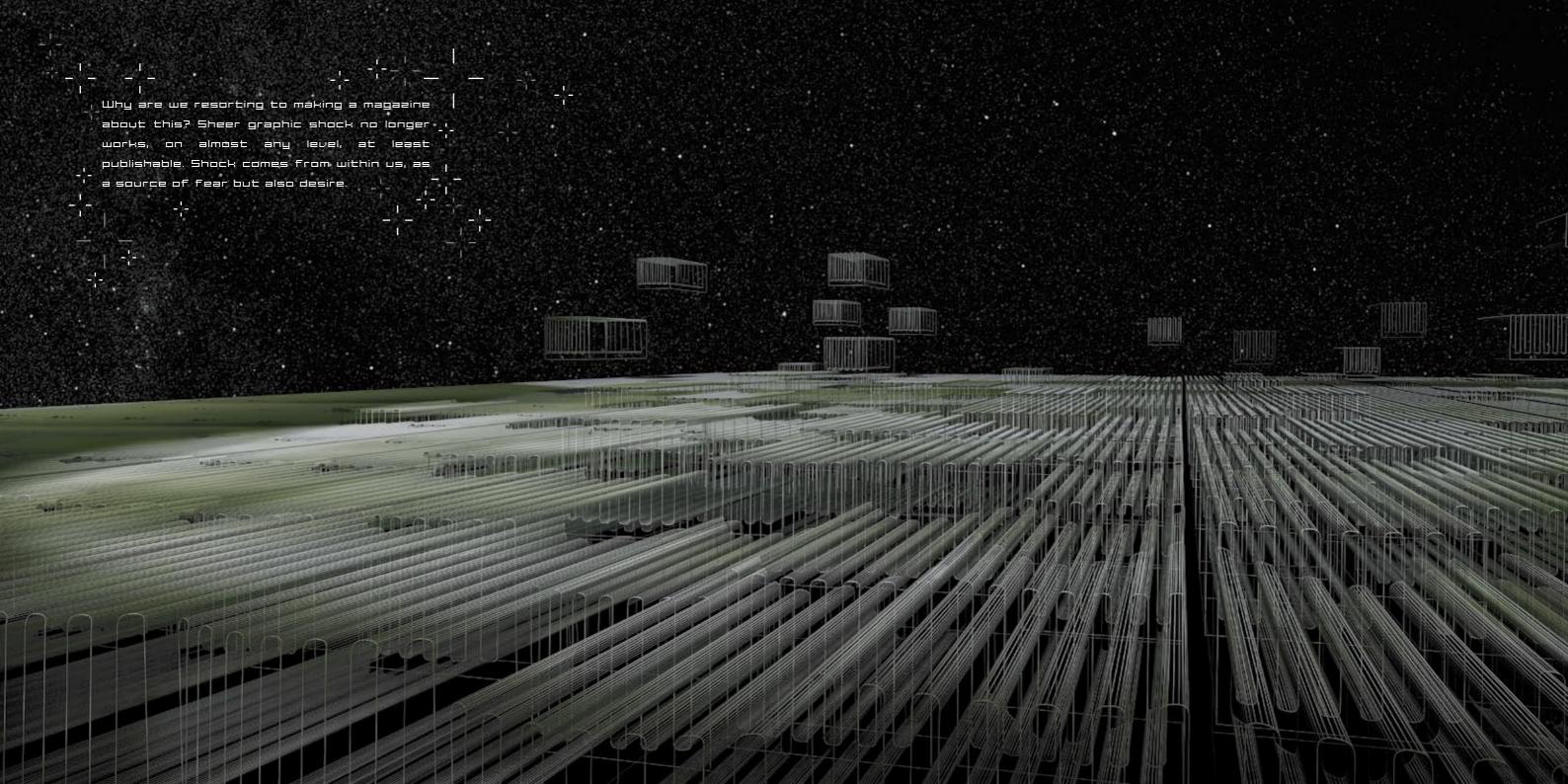
/Forth.

The symptoms of cultural shock can appear at different times. Although, one can experience real pain from culture shock; it is also an opportunity for redefining one's life objectives. It is a great opportunity for leaning and acquiring new perspectives. Culture shock can make one develop a better understanding of oneself and stimulate personal creativity.

Culture shock is one of the major causes of depression on University first year students studying outside of their home area. Long term depression can be caused by not getting to grips with culture shock. This is my primary fear about going to university. What if I don't fit in?

in the new place. Everything is different, for example, not speaking the language, not knowing how to use banking machines, not knowing how to use the telephone and so

reckon I'll be fine but I need to get there and experience it before I'll feel any better.





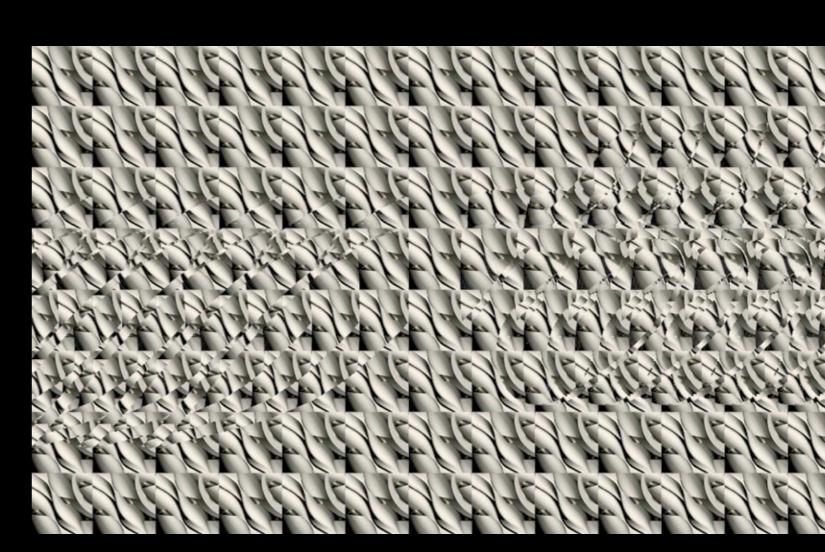


[Soon I will be leaving this]



Stereogram: A graphic symbol with the appearance of three dimensions.

Hold the page about two feet away square to your face. Look at the two white dots. Cross your eyes so they both blur. Cross your eyes far enough for the two dots to become three dots. Look down at the image below the third dot. This image should appear to be in 3d.



The above image is a magic eye. It works in a similar but in an annoyingly more complex way to the stereogram on the other page. They take longer to make, are harder to get right and don't give you as nicer 3d image but they are so much more mystifying. I couldn't have one without the other.

filler retratuctied about something that of through graphic Why does my leg kick out every time I'm about to fall asleep and IS BY THE LIMITARY. шаке те up? Why does my leg kick out media every time I'm about to fall asleep and wake me up? I am completely self sufficient, am fully integrated into the culture established for and around me. As if!

